

# LSR

Friday, July 7, 2000

## HIGHLIGHTS

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Today's Weather Outlook

High: 97  
Low: 75  
Cloudy

## UP CLOSE:

### Evolution of the Modern Games from Traditional to "Extreme"

Paul J. Regan, a Vietnam veteran from Clarence, N.Y., had a Cheshire cat-grin and a "game face" on as he spied what appeared to be a blur shooting across the convention center floor directly towards him.

Some, unaccustomed to seeing a hand cycle maneuver, scurried to get out of the way. Regan stood his ground (what with two tours in 'Nam under his belt) and simply greeted his fellow vet on the hand cycle with a thumbs-up.



*Handcycling was introduced to the Wheelchair Games as an exhibition event this week.*

"I own one of those as well as its forerunner, the row cycle," said Regan, who has competed in the last eighteen National Veterans Wheelchair Games (NVWG).

"I can't wait for this to be an official event. It's a world of a difference from when I first started to compete in basketball and swimming. We even play basketball by NCAA rules now. With the rapid advances in technology, I dare say 'extreme' sports will be added to the Games menu in the not too distant future."

Speaking of "extreme" sports, David Nau, a Vietnam-era veteran and first time Games competitor, will be a participant in the Handcycle exhibi-

### The Future is Now

Most of us are familiar with the old expression "The past is prologue to the future."

Others of us may tend to look at it from a slightly naughtier angle suggested in the lyrics of the Eartha Kitt song, ". . . You don't have a future unless you have a past." Regardless of the perspective you prefer, there is no denying that the past and future are factors in determining the present. The National Veterans Wheelchair Games is no exception.

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## Wheelchair Repair

The main repair station will be located at the **Marriott Rivercenter Hotel**. There will be a secondary repair station located at the **Convention Center**. Invacare technicians will be at each of the events, handling minor repairs on the spot. Unfortunately, we will not have repair stations or technicians at all of the hotels.



To receive bathroom safety items, or durable medical equipment (DME), go to conference room 13 or 14 at the Marriott Rivercenter for pick-up. Hours are 10:00 a.m. until 4:00 p.m.

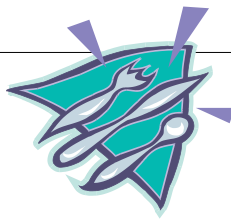
The phone number in conference room 13 is 554-6102, or 669-9924. When you check out of your hotel room, please deliver the DME to conference room 13.

### Banquet Tickets

Banquet tickets are still available. The cost is \$10 for coaches, \$20 for everyone else.

*The Memorabilia Committee is selling National Veterans Wheelchair Games polo shirts for \$17, T-shirts for \$5 (up to XL, \$8 for XXL), and baseball caps for \$7 at the Henry B. Gonzalez Convention Center until they sell out. Selling hours are: July 7, Northside Independent School District Stadium, 8 a.m. - Noon; Convention Center, 1 p.m. - 5 p.m., and July 8, 8 a.m. - 4 p.m.*

"The Veterans Wheelchair Games has given me the self-confidence to know that I am a person who can do what ever I set out to do, and not be told what I can't do. For people who have told me, 'You can't do that!' or 'Stop that before you hurt yourself,' I now can answer, 'Please allow me to try. And, if I fail, let me try and do it again — just as if I were a walker.'"



## Today's Menu

**Breakfast (will be served from 6:00 a.m. to 9:00 a.m. at the Marriott and Westin):**

Assorted Chilled Juices  
Fresh Sliced Fruit  
Pastries, Muffins, Bagels  
Ham and Cheese Croissants  
Coffee, Tea, Milk

### Lunch:

German Potato Salad  
Bratwurst/Knockwurst Sausage  
Carrot Coins  
Pumpernickel Rolls  
German Chocolate Cake  
Iced Tea

### Dinner:

Beef Tacos  
Cheese Enchiladas  
Spanish Rice  
Mexican Beans  
Flour Tortillas  
Watermelon Wedges and Pan Dulce  
Iced Tea

LOST: \$90 on Tuesday. If found, call volunteer John Greaney at the Comfort Inn.

Lost: Wallet. If found, call Dennis Thomas at Marriott Rivercenter

## Feeling hot, hot, hot?

\* Wear loose, light-colored, cotton clothing and a cap or wide brimmed hat

\* Protect your skin with plenty of sunscreen lotion SPF 20 or more

\* Use sunglasses to reduce glare or protect your eyes and apply lip balm often and generously

\* Use a spray bottle or wet towel to cool yourself down or take a "siesta" inside for awhile

\* Drink plenty of fluids on a frequent basis. If you feel thirsty, you are already one quart of fluid behind your normal requirements. Most of your liquid intake should be water

\* Avoid alcoholic beverages and minimize coffee and tea intake which can act as a diuretic to make you more dehydrated.

Medical Aid Stations are located at:

**Rivercenter Marriott, room 3530**

6a - 10p, Mon.-Fri.; 6a - 12p, Sat.

**Conv. Center, Event Ballroom**

8a - 10p, Tues. - Fri.; 11a - 4p, Sat.

**Northside Stadium (under bleachers)**

8a - 10p, Thurs. - Fri.; 8a - 1p, Sat.

### Medical staff include:

Dr. Bob O'Hara, Chicago

Dr. Leigh Anderson, Denver

Dr. Donna Blake, Denver

Dr. Ken Lee, Palo Alto

Dr. Dan Scott, Denver

Dr. Karen Wolflein, Denver

PA-C Vera Arnold, Chicago

PA-C Janice Feincher, San Diego



VISN 17 Medical Assistance Team volunteers are wearing mauve T-shirts with a white cross on the back and are carrying black back packs or orange kits.

— Ventura Catala, Silver Spring Md.

# UP CLOSE:

*Cont. from page 1*

tion July 8 at 8 a.m. at Fort Sam Houston. He was attracted by the potential of future Games to feature contests in the "extreme" milieu.

Nau is a wheelchair bungee jump enthusiast and was among the first to join in the rock climbing at the Exposition as a IB Quad. Nau's hands were taped to the handle of an assistive device to do the rock climb. "I managed to climb to the top, then down and halfway up again, said the effusive Nau, "I truly believe that the demands of 'extreme' sports will challenge athletes with disabilities to greater preparation, greater accomplishments and greater life satisfaction. Inevitably, it's a natural progression of the Games." Nau also won a silver medal in this week's 9 ball competition.



*Slalom is a challenge that most wheelchair athletes have to overcome in competition. This year, the Super G exhibition takes slalom to the extreme.*

Karen Wake, a Navy veteran, who has competed in three previous Games, was more restrained about the idea of competing in so called "extreme" sports but thrilled at the thought of being a spectator at such events. "Athletes with disabilities are in fact rock climbing, bungee jumping and surfing. It's just an extension of society's maturation and the mainstreaming of persons with disabilities. The NVWGs are no exception. It'll also change to reflect the new century."

"I hope to be competing when the Games are held on the moon," chimed in Games competitor, Mike Bottary, also a Navy veteran and Wake's fiancée, who met each other at the '98 Winter Sports Clinic in Crested Butte, Colo. "Now, there's where the playing field will be really leveled for a lot of us and you can be as 'extreme' as you want to be," he added wistfully. Don't miss an opportunity to get a glimpse of the future at the Power Chair race and tomorrow's handcycling exhibition.

## The Future . . .

*Cont. from page 1*

You've probably already heard or read quite a bit this week about the 20 year history of the Games.

Long time participants have witnessed the evolution and expansion of the competitive event offerings. Participant input has brought about change, such as the recent addition of softball. Demonstration sports open our eyes to new possibilities for competition. We are seeing this week the Handcycling, Super G Slalom, and Powerchair 220 exhibitions. So what does the future hold?

We surveyed a small number of first-time participants (in a totally unscientific manner) to find out what kind of events they would like to take part in as they become regular competitors at the Games.

Several mentioned they would like to play volleyball. Ginger Rhodes, who was a runner and softball player prior to her injury, definitely wants handcycling events added.

Two trends were evident -- every respondent said they wanted football as a Games sport, and they think they could play any sport in their chairs.

Said PVA Sports Director Bruce Scott, "Where there is a wheel, there is a way."

J.D. Theus, novice, whose favorite sports are football and basketball, thinks cart racing might be a lot of fun as an event. And then, in what was the most unique suggestion of the survey, J.D. added, ". . . but what I'd *really* like to see is boxing! Yeah! Wheelchair boxing, that would be cool."

Maybe so, J.D., but if the name "Mike Tyson" ever appears on a Games registration list -- you're on your own!

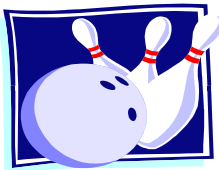
# Did You Know?



Oliver Skov, Minneapolis, Minn., #268, bowled a perfect score yesterday.

Skov, 55, an Air Force veteran, participated in ramp bowling at AMF Country Lanes.

"Participation in the Games as a member of a team of other disabled athletes has increased my self-esteem and sense of sportsmanship," said Skov.



"No matter how you placed, knowing you did your best is what really counts," he said.

Easily said for a man who scored a perfect 300.



Miss Wheelchair Texas Donna Statham, who was here handing out medals and encouragement to veterans, happened upon Miss Wheelchair Florida Laura Nimz. Both will be competing for Miss Wheelchair USA. The meeting was a crowning moment.



## Hospitality Booth Door Prize Drawing

Don Porter is the lucky winner of a Southwestern Salsa Chip & Dip set

Roger Harris is the lucky winner of the San Antonio version of Monopoly

## 20TH NATIONAL VETERANS WHEELCHAIR GAMES

### SCHEDULE OF EVENTS

#### FRIDAY, JULY 7

6:00 AM - 9:00 AM  
8:00 AM

9:00 AM

10:00 AM

11:00 AM

11:00 AM - 1:00 PM  
1:00 PM

3:00 PM

4:30 PM - 6:30 PM  
7:00 PM

#### BREAKFAST

FIELD  
SOFTBALL

TRACK

FIELD

FIELD

SOFTBALL

FIELD

#### LUNCH

BASKETBALL

QUAD RUGBY

BASKETBALL

QUAD RUGBY

#### DINNER

FIELD

TRACK

#### MARRIOTT RIVERCENTER/WESTIN

NORTHSIDE ISD (IV)

NORTHSIDE ISD

NORTHSIDE ISD (IA-B-C)

NORTHSIDE ISD (V)

NORTHSIDE ISD (III)

NORTHSIDE ISD

NORTHSIDE ISD (II)

#### CONVENTION CENTER

CONVENTION CENTER

CONVENTION CENTER

CONVENTION CENTER

#### CONVENTION CENTER

NORTHSIDE ISD (IA-B-C)

NORTHSIDE ISD (II-V)

#### SATURDAY, JULY 8

6:00 AM - 9:00 AM  
8:00 AM

9:00 AM

10:00 AM

11:00 AM - 1:00 PM  
1:00 PM

3:00 PM

7:00 PM

#### BREAKFAST

ARCHERY

SOFTBALL

HAND CYCLING

5K ROAD RACE

MOTOR RALLY

SOFTBALL FINALS

#### LUNCH

QUAD RUGBY FINALS

BASKETBALL FINALS

#### MARRIOTT RIVERCENTER/WESTIN

NORTHSIDE ISD

NORTHSIDE ISD

FT. SAM

FT. SAM

HEMISFAIR PARK

NORTHSIDE ISD

#### CONVENTION CENTER

CONVENTION CENTER

CONVENTION CENTER

### TRANSPORTATION

#### FRIDAY, JULY 7

6:00 AM - 1:00 PM

TRACK/FIELD/CONV. CTR. SHUTTLE

CONV CTR/NISD

4:00 PM - 11:00 PM

TRACK/FIELD/CONV. CTR. SHUTTLE

CONV CTR/NISD

#### SATURDAY, JULY 8

6:30 AM - 12:30 PM

ARCHERY/SOFTBALL SHUTTLE

CONV CTR/NISD/CONV CTR

6:30 AM - 12:30 PM

5K/HAND CYCLE SHUTTLE

CONV CTR/FT. SAM

### Early Baggage Check In

On Saturday, July 8, 9:00 p.m. to midnight, the following airlines will be present at the Marriott Rivercenter for early check in:

- American
- Delta
- United
- TWA
- Continental
- American West

Additionally, American Airlines (*no other airline*) will be at the Marriott RiverWalk and Westin.

It is **important** to check bags during this time. Bring your bags, ticket and identification. Expect to be at the airport at **least a hour-and-a-half** prior to departure for loading purposes.



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